



NEWS RELEASE

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FOR IMMEDIATE RELEASE

OCCUPATIONS, INC., HOSTS “CREATIVE EXPRESSIONS” ART EXHIBIT IN OBSERVANCE OF MENTAL HEALTH MONTH

New Windsor, NY, April 30, 2007 --Occupations, Inc.'s, is hosting an Open House for the community featuring a “Creative Expressions” art exhibit on Wednesday, May 16 at its 67 Windsor Highway location in New Windsor. The Creative Expressions art exhibit began in 2004 in observance of May as Mental Health Month and has evolved to feature artists promoting mental health wellness. Whether it is a hobby or a professional, expressing one’s self through art is often a helpful method of rehabilitation and recovery.

“I have chosen to participate in this art exhibit for the third time to help communicate how art is uplifting and life giving. It can draw you into life with its beauty and bring you to a place other than the place you’re in. Out of my struggles, I found an art form arranging pressed flowers, which has brought me joy and helped me focus and organize my thoughts,” shares one artist who is participating again at this year’s exhibit.

The exhibit showcases a broad array of artistic talent from members of our community. From fine art and sculpture to pottery, woodworking and other fine crafts, this exhibit offers a little bit of everything. Sharon Seelig, director of Community Counseling of New Windsor and the staff are looking forward to the talents that this year’s exhibit will showcase. “We are very excited to provide these artists with the opportunity to share with the community their creativity and talents. Much of the work that will be displayed represents a moving and enriching journey, which for many enhances their personal growth,” said Seelig.

Information will be available on mental health treatment, wellness and recovery, and also on the various programs and services offered by Occupations, Inc. Light hors d’oeuvres will be served and many of the artists will be present. Parents, guardians, family members and friends are invited to attend the open house and exhibit, which begins at 4:00 p.m. through 7 p.m. at Occupations, Inc.’s New Windsor facility in the cafe at 67 Windsor Highway. Call (845) 692-4454 ext. 101 for more information or visit our website at www.occupations.org.

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Occupations Celebrates Mental Health Month with an Open House
Featuring “Creative Expressions” Art Exhibit

Occupations, Inc. is one of Orange County’s largest not-for-profit human services agencies, providing a broad array of services, information, and referrals to over 13,000 people annually. For adults, Occupations, Inc. offers full employment services, transportation, recreation, residential opportunities, individual and group counseling, case management, partial hospitalization and intensive psychiatric services at several locations throughout the Hudson Valley. Children, adults and families can take advantage of individual and group counseling, case management and multiple children’s and child welfare services. The Mobile Mental Health Services Team provides clinician-staffed telephone support and 24-hour on-site crisis intervention. All of Occupations, Inc.’s services can be accessed 24-hours a day, seven-days-a-week, through one toll-free call to the Service Access Center at **1-888-750-2266**.

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(left to right) Amy Anderson-Winchell, LCSW, Exec. Vice President & COO of Occupations, Inc., with Occupations’ art exhibit organizers, Sharon Seelig & Robin Sakla.



Brendan Reilly is one of many artists who will showcase their creative talents at Occupations, Inc.’s, Creative Expressions Art Exhibit on May 16.