



# NEWS RELEASE

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## For Immediate Release

### **Occupations Promotes DR. MRIDULA KAMTHAN to Medical Director of Children and Adolescent Services**

**Orange County, New York, November 12, 2009** — Occupations, Inc. is pleased to announce the promotion of Dr. Mridula Kamthan to Medical Director of Children and Adolescent Services. In her new capacity, Dr. Kamthan will oversee all the children and adolescent psychiatric services available through Occupations, Inc., Family Empowerment Council, Inc., and McQuade Children's Services.

Dr. Kamthan joined Occupations, Inc., in 1998 as a Child Psychiatrist. Dr. Kamthan is dually Board Certified in Psychiatry and Child and Adolescent Psychiatry and brings over twenty years of knowledge and experience in the area of psychiatry, pathology and microbiology. "We are honored that Dr. Kamthan is a part of our services system and are pleased that she has agreed to take on this additional responsibility. We are very pleased that she will be providing high level quality services to those most in need," said James DeStefano, president and executive director, Occupations, Inc.

For more than 45 years, Occupations, Inc., a not-for-profit agency, has provided outpatient mental health services, case management, child welfare, emergency services, residential services, and employment opportunities to people with developmental disabilities and individuals recovering from mental illness. Its affiliate, Family Empowerment Council, Inc, provides services to people with disabilities, including service coordination and case management, mental health family support, early intervention, educational advocacy, consumer-directed personal care, residential habilitation and respite services. New Dynamics Corporation, a not-for-profit sister corporation of Occupations, Inc., is a leader in providing employment opportunities for people with disabilities. For information on all programs and

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services available through the Occupations System of Services call the Service Access Center at 1-888-750-2266, available seven-days-a-week, 24 hours a day.

McQuade is a private, not-for-profit, with nearly 150 years of history providing therapeutic prevention programs to children with special needs each year. Services are provided through the Kaplan School for Special Education, an emergency diagnostic assessment center, and through community-based therapeutic group homes and preventive programs. For information on all programs call 845-561-0436 or visit [www.mcquade.org](http://www.mcquade.org)